

MI CASITA HOME CHILD DAY CARE

Daily Schedule

Child's Name : _____

Parents often tell their providers that their child is not really on a schedule. That their child just eats and sleeps when the child want. Usually that is not accurate. Children are pretty consistrent on when they are tired or hungry even if we adults dfo hnbot see the pattern.

Each child is an individual and until we get to know him/her we ask that the parents provide Mi Casita with the schedule you have used at home. This schedule should include how much your child drinks and eats during the day and when, when a nap takes place and for how much your child drinks and eats during the day and when, when a nap takes place and for how long and when your child wakes up in the morning. When the chilkd is able, we will convert him/her to the schedule used by Mi Casita for all the children. This will inform me of your child's daily routine. For couple of days (like over a weekend) record what your child is doing during the times listed below.

5:00 AM	
6:00 AM	
7:00 AM	
8:00 AM	
9:00 AM	
10:00 AM	
11:00 AM	
12:00 PM	
1:00 PM	
2:00 PM	
3:00 PM	
4:00 PM	
5:00 PM	
6:00 PM	
7:00 PM	
8:00 PM	
9:00 PM	
10:00 PM	
11:00 PM	

